

Option 1

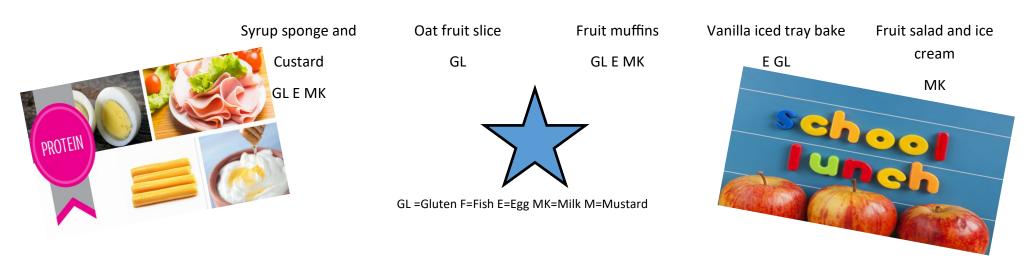
Option 2

Menu Spring Term Week 1

Monday	Tuesday	Wednesday	Thursday	Friday
Meatballs in tomato sauce with pasta with Garlic Bread	Sausage Yorkshire Pudding and veg GL MK E	Roast Chicken dinner with seasonal veg and stuffing	Chicken Pie with mash and vegetables	fish fingers and chips with peas/beans F,GL
		GL	GL,MK,E	
GL				
Quorn and Vegetable Risotto	Quorn sausage with Yorkshire Pudding and Veg	Cauliflower Cheese with roast potatoes and seasonal	Tomato and cheese Pasta Bake	Margarita Pizza with chips and beans GL
	GL MK E	Vegetables	GL	
		MK, M		

A jacket potato will be available every day with a variety of toppings (cheese, tuna (F), beans)

Fresh bread, fresh fruit, yoghurt and salad are available every day





Option 1

Option 2

Menu Spring Term Week 2

Monday	Tuesday	Wednesday	Thursday	Friday
Lasagne and garlic bread GL	Mild chicken curry and Nan bread GL E	Roast Gammon din- ner with seasonal veg	Chicken burger in a bap with fresh vege- tables and colslaw GL E MK	Fish and chips with peas/beans GL F
Vegetable lasagne and garlic bread GL MK	Macaroni Cheese GL MK M	Cauliflower cheese MK M	Quorn burger in a bap with fresh veg and colslaw	Homemade cheese whirl with chips and beans
			GL E	GL MK E

A jacket potato will be available every day with a variety of toppings (cheese, tuna (F), beans)

Fresh bread, fresh fruit, yoghurt and salad are available every day



Apple crumble and Rock cake Cookie

Custard GL MK E GL E MK GL E MK

GL =Gluten F=Fish E=Egg MK=Milk M=Mustard S=Soy



