



## Menu Autumn Term Week 1

	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Beef chilli nathos with salsa and whole-meal rice GL	Hotdog (real sausage) with wedges and beans GL	Roast Chicken dinner with seasonal veg and stuffing GL	Homemade chicken pie with mash and fresh vegetables MK, GL	fish fingers and chips with peas/beans F, GL
Option 2	Quorn Rissoto	Quorn sausage in a roll with wedges and beans GL	Cauliflower Cheese with roast potatoes and seasonal Vegetables MK, M	Vegetable pasta bake GL	Margarita Pizza with chips and beans GL

A jacket potato will be available every day with a variety of toppings (cheese, tuna (F), beans)

Fresh bread, fresh fruit, yoghurt and salad are available every day

Syrup sponge and

Oat fruit slice

Fruit muffins

Vanilla iced tray bake

Fruit salad and ice cream

Custard

GL

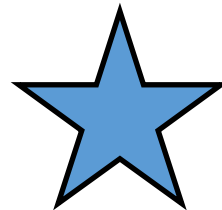
GL E MK

E GL

cream

GL E MK

MK



GL =Gluten F=Fish E=Egg MK=Milk M=Mustard





## Menu Autumn Term Week 2

	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Spaghetti bolognese and garlic bread GL	Chicken wrap with savoury rice and sweetcorn GL E	Roast Pork dinner with seasonal veg	Chicken burger in a bap with fresh vegetables and colslaw GL E MK	Fish and chips with peas/beans GL F
Option 2	Cheese and Tomato pasta with garlic bread GL MK	Macaroni Cheese GL MK M	Stuffed red pepper	Veg and Quorn Lasagne with garlic bread GL E	Homemade cheese whirl with chips and beans GL MK E

A jacket potato will be available every day with a variety of toppings (cheese, tuna (F), beans)

Fresh bread, fresh fruit, yoghurt and salad are available every day

Apple crumble and Custard GL MK E

Rock cake  
GL E MK

Cookie  
GL E MK

Angel Delight  
MK

Ice cream in a cone  
GL MK

GL =Gluten F=Fish E=Egg MK=Milk M=Mustard S=Soy

